





**Watervrienden IJmuiden**  
**Overzicht tijden**

**zaterdag 11 juni 2022**  
**zaterdag 1 september 1900 - zaterdag 11 juni 2022**

**van Beek Rosalie**

			50 vs	100 vs	200 vs	400 vs	800 vs	1500 vs	50 vl	100 vl	200 vl	50 ru	100 ru	200 ru	50 ss	100 ss	200 ss	100 ws	200 ws	400 ws	
IJmuiden (NED)	23-6-2018	25m	58.80												1:00.70						
Hoofddorp (NED)	17-3-2019	25m										52.60									
Den Haag (NED)	31-3-2019	50m	49.21												53.77						
Almere (NED)	21-4-2019	25m	48.40									51.00			51.20						
Eindhoven (NED)	2-6-2019	50m							1:02.84			52.06									
IJmuiden (NED)	22-6-2019	25m	50.80						57.60			54.20			52.10						
Eindhoven (NED)	30-6-2019	25m	49.20									52.68			50.78						
Nieuw-Vennep (NED)	17-11-2019	25m													50.50						
Den Haag (NED)	8-12-2019	25m	49.50						1:03.20			51.80			50.20						
Almere (NED)	13-3-2022	25m										45.00			45.70						
Almere (NED)	17-4-2022	25m	41.00									47.40	1:40.90		46.10	1:42.00	3:39.50				
Tilburg (NED)	22-5-2022	25m										44.50	1:33.40		45.90	1:38.80					
Den Haag (NED)	29-5-2022	50m										44.60			46.85	1:41.47					

**Watervrienden IJmuiden**  
**Overzicht tijden**

**zaterdag 11 juni 2022**  
**zaterdag 1 september 1900 - zaterdag 11 juni 2022**

**van den Berg Arwoud**

			50 vs	100 vs	200 vs	400 vs	800 vs	1500 vs	50 vl	100 vl	200 vl	50 ru	100 ru	200 ru	50 ss	100 ss	200 ss	100 ws	200 ws	400 ws	
Almere (NED)	1-4-2018	25m										1:01.50			1:08.80						
Nieuw-Vennep (NED)	18-11-2018	25m													1:07.30						
Hoofddorp (NED)	13-1-2019	25m										1:01.70									
Hoofddorp (NED)	17-3-2019	25m	47.20																		
Eindhoven (NED)	30-6-2019	25m													1:02.05						
Den Haag (NED)	8-12-2019	25m	47.90												1:00.70						
Helmond (NED)	7-11-2021	25m	43.00	1:34.20	3:28.60	7:20.80															
Almere (NED)	13-3-2022	25m	38.40									53.50			53.10						
Eindhoven (NED)	27-3-2022	50m	42.44	1:31.92	3:18.05							53.64									
Almere (NED)	17-4-2022	25m	39.10	1:32.70								55.90			56.70	2:02.40					

**Watervrienden IJmuiden**  
**Overzicht tijden**

**zaterdag 11 juni 2022**  
**zaterdag 1 september 1900 - zaterdag 11 juni 2022**

**Blok Ron**

			50 vs	100 vs	200 vs	400 vs	800 vs	1500 vs	50 vl	100 vl	200 vl	50 ru	100 ru	200 ru	50 ss	100 ss	200 ss	100 ws	200 ws	400 ws
Deurne (NED)	31-3-2007	25m	31.30	1:11.60											43.60					
Deurne (NED)	29-3-2008	25m	30.80	1:09.00																
Rijswijk (NED)	4-10-2009	25m	31.70	1:12.60																
Merksem (BEL)	17-10-2009	25m	31.23												44.18					
Deurne (NED)	27-3-2010	25m	30.90	1:10.30																
Deurne (NED)	26-3-2011	25m	31.30	1:13.60											43.50	1:35.70				
Eindhoven (NED)	2-10-2011	25m	31.84	1:09.22	2:39.68											1:33.67				
Deurne (NED)	24-3-2012	25m	31.00	1:09.10											42.70	1:33.20				
Haarlem (NED)	7-10-2012	25m	31.60	1:10.80												1:34.10				
Almere (NED)	5-10-2014	25m	31.80	1:13.50											43.10					
Den Haag (NED)	4-10-2015	25m	33.00	1:15.10											45.30					
Almere (NED)	10-1-2016	25m	32.80	1:10.00	2:36.90															
Deurne (NED)	2-4-2016	25m	32.50	1:12.90											44.40					
Deurne (NED)	25-3-2017	25m	32.70	1:14.90											44.30			1:31.30		
Almere (NED)	21-1-2018	25m	32.20	1:11.00														1:27.60		

**Watervrienden IJmuiden**  
**Overzicht tijden**

**zaterdag 11 juni 2022**  
**zaterdag 1 september 1900 - zaterdag 11 juni 2022**

Brussaard Gerard			50 vs	100 vs	200 vs	400 vs	800 vs	1500 vs	50 vl	100 vl	200 vl	50 ru	100 ru	200 ru	50 ss	100 ss	200 ss	100 ws	200 ws	400 ws
Almere (NED)	5-10-2008	25m	31.00															1:28.00		
Deurne (NED)	28-3-2009	25m	30.80	1:12.80												1:32.10		1:24.50		
IJmuiden (NED)	12-5-2009	25m		1:13.12					1:28.95			1:27.74				1:31.06		1:29.30		
Rijswijk (NED)	4-10-2009	25m	31.20					38.30				39.60			41.70					
IJmuiden (NED)	8-12-2009	25m	29.69					37.59				43.39			41.38					
Pijnacker (NED)	19-12-2009	25m	29.00					36.60				39.40			40.30					
Almere (NED)	7-2-2010	25m	29.00					36.00				38.50			40.00					
Deurne (NED)	27-3-2010	25m	29.40					35.40				38.20			40.60					
IJmuiden (NED)	18-5-2010	25m		1:10.72					1:27.10			1:31.48			1:29.06			1:20.26		
IJmuiden (NED)	3-10-2010	25m	30.30	1:13.70					1:31.90			1:29.70						1:24.10		
IJmuiden (NED)	7-12-2010	25m	30.70					37.54				39.20			40.18					
Almere (NED)	6-2-2011	25m	30.10					37.20				39.90			40.50					
Deurne (NED)	26-3-2011	25m	30.50					35.90				39.80			40.60					
IJmuiden (NED)	29-5-2011	25m		1:09.52				36.47				1:28.70								
Eindhoven (NED)	2-10-2011	25m	31.26					36.90				39.79			41.22					
Almere (NED)	5-2-2012	25m	29.90					34.90				39.30			39.90					
Deurne (NED)	24-3-2012	25m	30.00	1:11.20										39.50						
IJmuiden (NED)	3-6-2012	25m		1:08.50					1:24.10			1:27.90			1:28.50					
Haarlem (NED)	7-10-2012	25m	30.60					37.00				40.60			40.40					
IJmuiden (NED)	17-2-2013	25m	33.90	1:11.20										42.20	1:29.10					
Deurne (NED)	23-3-2013	25m		1:13.40				35.80							1:29.90					
Den Haag (NED)	26-5-2013	25m	30.40					35.60				40.30			40.50					
IJmuiden (NED)	2-6-2013	25m		1:10.30				34.90							1:29.80					
Vaassen (NED)	6-10-2013	25m	30.00					36.70						41.70				1:22.10		
Eindhoven (NED)	8-12-2013	50m	34.13	1:12.62										44.04	1:35.20					
Almere (NED)	2-3-2014	25m	30.60					36.50				38.20			41.20					
Almere (NED)	5-10-2014	25m	30.80					36.80				39.20			41.00					
Almere (NED)	18-1-2015	25m	29.80											42.45	1:31.20					
Deurne (NED)	28-3-2015	25m												41.30	1:30.30	3:22.00				
Den Haag (NED)	4-10-2015	25m	30.60					36.30							1:33.40					
Deurne (NED)	2-4-2016	25m	30.40					37.30						42.30	1:33.00					
Haarlem (NED)	2-10-2016	25m		1:18.30											1:35.10			1:29.20		
Almere (NED)	15-1-2017	25m	30.60	1:15.80				38.00												
Deurne (NED)	25-3-2017	25m		1:12.90	2:50.40										1:34.60					
Riga (LAT)	14-6-2017	50m	31.18	1:12.45	2:56.75	6:12.89		37.59				41.55	1:31.57		42.24					
Deurne (NED)	1-10-2017	25m	31.90	1:20.00	2:48.00										1:32.60			1:26.20		
Almere (NED)	21-1-2018	25m	34.40	1:15.40				37.50				39.70			45.30	1:34.70		1:26.70		
Deurne (NED)	24-3-2018	25m	31.40					37.80				39.50			41.50					
Almere (NED)	7-10-2018	25m	31.70					38.20				44.20	1:29.60							
Almere (NED)	27-1-2019	25m	38.60	1:22.00				39.40				41.30			44.70	1:34.40				
Den Haag (NED)	31-3-2019	50m										41.29			46.25	1:36.86				
TORTOSA (ESP)	3-7-2019	25m	30.84	1:13.43	2:57.94	6:13.03		48.05	1:35.56			39.72	1:33.68		42.03					
Den Haag (NED)	26-1-2020	25m										44.30	1:29.40		45.30	1:34.40		1:28.80		

**Watervrienden IJmuiden**  
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**Erwteman Abel**

			50 vs	100 vs	200 vs	400 vs	800 vs	1500 vs	50 vl	100 vl	200 vl	50 ru	100 ru	200 ru	50 ss	100 ss	200 ss	100 ws	200 ws	400 ws
IJmuiden (NED)	23-6-2018	25m	34.20												40.70					

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van der Feen Femke

			50 vs	100 vs	200 vs	400 vs	800 vs	1500 vs	50 vl	100 vl	200 vl	50 ru	100 ru	200 ru	50 ss	100 ss	200 ss	100 ws	200 ws	400 ws	
IJmuiden (NED)	21-6-2014	25m	39.90						46.20												
Almere (NED)	18-1-2015	25m	40.20						42.10						47.20						
IJmuiden (NED)	27-6-2015	25m	40.80						46.00						48.10						
IJmuiden (NED)	25-6-2016	25m							42.80						48.90						
Haarlem (NED)	2-10-2016	25m							43.10	1:43.10					47.50						
Almere (NED)	15-1-2017	25m							44.30						48.70						
Eindhoven (NED)	12-2-2017	50m							45.20						53.16	1:52.95					
Almere (NED)	19-2-2017	25m	40.60						42.50						47.00						
Deurne (NED)	25-3-2017	25m	41.00						43.40						47.20	1:45.20					
IJmuiden (NED)	1-7-2017	25m							42.80						47.20	1:47.80					
Deurne (NED)	1-10-2017	25m	43.00						43.60	1:39.80					47.70						
IJmuiden (NED)	23-6-2018	25m							42.50						50.00	1:49.20					
Almere (NED)	7-10-2018	25m							47.90	1:45.50					49.40						
Deurne (NED)	23-3-2019	25m	39.10												46.80	1:45.10					
IJmuiden (NED)	22-6-2019	25m	40.80	1:39.40	3:35.50				43.40						48.20						



**Watervrienden IJmuiden**  
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**zaterdag 11 juni 2022**  
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van der Ham Laura

			50 vs	100 vs	200 vs	400 vs	800 vs	1500 vs	50 vl	100 vl	200 vl	50 ru	100 ru	200 ru	50 ss	100 ss	200 ss	100 ws	200 ws	400 ws
Deurne (NED)	29-3-2008	25m		1:11.30					39.60									1:24.30		
Almere (NED)	5-10-2008	25m	30.50						37.10			39.00			40.80					
Helmond (NED)	9-11-2008	25m		1:14.60										3:22.30						
Eindhoven (NED)	14-12-2008	50m		1:13.86												1:36.94				
IJmuiden (NED)	25-1-2009	25m			2:48.10															
Rijswijk (NED)	4-10-2009	25m	32.60	1:15.70					39.70											
IJmuiden (NED)	8-12-2009	25m	33.41						40.80			43.99			47.69					
IJmuiden (NED)	31-1-2010	25m		1:14.10						1:33.80										
Deurne (NED)	27-3-2010	25m	32.90	1:17.20					39.70											
Apeldoorn (NED)	25-4-2010	25m																1:25.50		
IJmuiden (NED)	18-5-2010	25m		1:16.88						1:37.29		1:29.79			1:47.22			1:27.11		
IJmuiden (NED)	3-10-2010	25m		1:15.50	3:01.60					1:37.50										
IJmuiden (NED)	29-5-2011	25m		1:12.71						1:36.10		1:32.35								
IJmuiden (NED)	29-1-2012	25m		1:27.20	3:04.60															
Apeldoorn (NED)	21-4-2012	25m										1:32.50						1:26.20		
IJmuiden (NED)	25-6-2016	25m		1:22.10	3:11.50															
Haarlem (NED)	2-10-2016	25m	34.10	1:16.80	3:01.20							43.50								
Hoofddorp (NED)	17-3-2019	25m										48.00	1:40.60				3:34.60			
Nieuw-Vennep (NED)	17-11-2019	25m							43.20										3:13.30	

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**Hofland Rik**

			50 vs	100 vs	200 vs	400 vs	800 vs	1500 vs	50 vl	100 vl	200 vl	50 ru	100 ru	200 ru	50 ss	100 ss	200 ss	100 ws	200 ws	400 ws
IJmuiden (NED)	7-12-2010	25m	39.03									39.10			42.99					
IJmuiden (NED)	30-1-2011	25m														1:28.60				
Hoofddorp (NED)	17-4-2011	25m	33.20									41.70						1:20.70		
Almere (NED)	24-4-2011	25m	31.10	1:11.10	2:36.30											1:30.90	3:13.10			
IJmuiden (NED)	29-5-2011	25m		1:06.64					35.03				1:22.72			1:29.60				
Helmond (NED)	13-11-2011	25m											1:20.00							
Eindhoven (NED)	11-12-2011	50m		1:05.18									1:20.74			1:28.76				
Almere (NED)	15-1-2012	25m		1:08.50	2:24.90				35.30	1:19.40	3:00.00									
Lisse (NED)	21-1-2012	25m		1:12.70	2:28.60					1:24.10	3:03.50									
IJmuiden (NED)	29-1-2012	25m																1:14.80		
Almere (NED)	5-2-2012	25m	29.30						32.30			35.70			39.30					
Deurne (NED)	11-3-2012	25m			2:26.90					1:18.30							3:06.60			
Eindhoven (NED)	18-3-2012	25m		1:03.76							3:06.07		1:18.17							
Almere (NED)	8-4-2012	25m	28.40	1:05.40									1:20.20							
Almere (NED)	8-4-2012	25m								1:19.90						1:27.70		1:14.50	2:46.20	
Apeldoorn (NED)	21-4-2012	25m								1:12.80										
IJmuiden (NED)	3-6-2012	25m		1:01.20						1:12.10			1:17.10			1:24.20				
Almere (NED)	14-10-2012	25m	29.80	1:03.40	2:11.90					1:11.60		39.00	1:17.40					1:10.30		
Vaassen (NED)	11-11-2012	25m										35.60	1:14.00							
Eindhoven (NED)	9-12-2012	50m		58.70					33.23	1:10.58					40.52	1:24.60				
Almere (NED)	20-1-2013	25m							30.60						38.70	1:23.00	2:50.30		2:27.10	
Sittard-Geleen (NED)	27-1-2013	25m		1:01.30	2:06.80					1:06.70										
Den Haag (NED)	3-2-2013	50m	26.70						30.31			36.50			38.47					
Almere (NED)	10-3-2013	25m		57.30						1:09.70									2:29.70	
Almere (NED)	17-3-2013	25m		1:00.70	2:05.60											1:22.30	2:51.70	1:09.10		
Almere (NED)	21-4-2013	25m														1:24.50	2:56.40			
IJmuiden (NED)	2-6-2013	25m		57.40						1:09.00			1:13.50			1:20.80				
IJmuiden (NED)	10-11-2013	25m		55.60																
Eindhoven (NED)	8-12-2013	50m	27.97	57.53					31.49	1:10.30		37.27	1:16.02							
Almere (NED)	5-1-2014	25m							30.00						38.90	1:21.90		1:09.50	2:26.20	
Sittard-Geleen (NED)	26-1-2014	25m								1:05.40										
Deurne (NED)	9-3-2014	25m		55.80						1:04.60									2:19.00	
IJmuiden (NED)	16-3-2014	25m		59.30	2:02.90													1:04.50		
Nieuw Vennep (NED)	13-4-2014	25m																1:04.10		
Almere (NED)	20-4-2014	25m							30.00									1:04.40	2:23.50	
Eindhoven (NED)	9-11-2014	25m	26.40	54.60					29.10										2:19.20	
Eindhoven (NED)	7-12-2014	50m	27.81	58.68	2:06.15				29.28			33.46							2:26.68	
IJmuiden (NED)	25-1-2015	25m														1:16.10				
Tilburg (NED)	8-3-2015	25m		54.60															2:20.70	
Almere (NED)	15-3-2015	25m		58.30	2:02.10					1:02.40								1:04.00		
Almere (NED)	12-4-2015	25m											1:06.40					1:04.30		
IJmuiden (NED)	27-6-2015	25m	25.50	55.50					28.00											
Sittard (NED)	8-11-2015	25m		54.30									1:08.50	2:22.30						
Eindhoven (NED)	13-12-2015	50m							28.15	1:09.13	2:35.53								2:24.16	
Almere (NED)	31-1-2016	25m	26.90	56.70	2:00.90											1:12.80				
Eindhoven (NED)	21-2-2016	50m	25.39	55.25					29.61	1:03.78										
Almere (NED)	13-3-2016	25m		54.30									1:06.10					1:04.70		







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**de Jongste Laura**

			50 vs	100 vs	200 vs	400 vs	800 vs	1500 vs	50 vl	100 vl	200 vl	50 ru	100 ru	200 ru	50 ss	100 ss	200 ss	100 ws	200 ws	400 ws	
Nieuw Vennep (NED)	17-12-2016	25m	50.20									53.40			58.20						
Almere (NED)	19-2-2017	25m	45.80									50.60			56.10						
Almere (NED)	9-4-2017	25m													57.40	2:04.20					
Lisse (NED)	10-6-2017	25m	43.00									50.70			54.20						
IJmuiden (NED)	1-7-2017	25m	45.40						58.20			51.50			57.10						
Nieuw-Vennep (NED)	12-11-2017	25m	43.50									56.80	1:55.10		56.70			1:52.30			
Nieuw Vennep (NED)	17-12-2017	25m	46.50									49.30			54.00						
Vaassen (NED)	8-4-2018	25m																1:45.60			
IJmuiden (NED)	23-6-2018	25m	42.10						56.50			49.70			57.20						
Nieuw-Vennep (NED)	18-11-2018	25m	44.40	1:34.20									1:45.60								
Hoofddorp (NED)	13-1-2019	25m	41.50												58.00	2:00.30		1:44.00			

**Watervrienden IJmuiden**  
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van Kaam Meike

			50 vs	100 vs	200 vs	400 vs	800 vs	1500 vs	50 vl	100 vl	200 vl	50 ru	100 ru	200 ru	50 ss	100 ss	200 ss	100 ws	200 ws	400 ws
IJmuiden (NED)	22-6-2019	25m	48.60									57.90			59.60					

**Watervrienden IJmuiden**  
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**Koning Jaco**

			50 vs	100 vs	200 vs	400 vs	800 vs	1500 vs	50 vl	100 vl	200 vl	50 ru	100 ru	200 ru	50 ss	100 ss	200 ss	100 ws	200 ws	400 ws	
Deurne (NED)	1-10-2017	25m	29.30	1:10.90					33.00							1:31.90					
Almere (NED)	21-1-2018	25m	28.80	1:05.70					32.90			37.50									
Deurne (NED)	24-3-2018	25m										36.40			38.20	1:28.00		1:17.20			
Almere (NED)	7-10-2018	25m	27.90	1:03.00	2:24.80																
Almere (NED)	27-1-2019	25m							34.30	1:15.30		50.30	1:16.60					1:13.30			
Deurne (NED)	23-3-2019	25m	28.60	1:00.90	2:23.10											1:23.00					
Den Haag (NED)	14-4-2019	25m	31.10	1:06.80	2:21.60													1:12.70			
Eindhoven (NED)	2-6-2019	50m	28.89	1:04.36											37.62						
TORTOSA (ESP)	3-7-2019	25m	27.36	1:00.56	2:17.93	5:02.00			30.71	1:13.87					35.31	1:20.68	2:59.47				
Almere (NED)	13-10-2019	25m	28.50	59.60														1:14.00			
Den Haag (NED)	26-1-2020	25m	27.30	59.90								35.30									
Helmond (NED)	7-11-2021	25m								1:17.70											5:59.70
Almere (NED)	13-2-2022	25m	29.20	1:01.20														1:11.50			
Almere (NED)	13-3-2022	25m	27.30						30.10						35.60						
Deurne (NED)	2-4-2022	25m		1:02.30								36.20				1:20.80					
Helmond (NED)	15-5-2022	25m							33.50	1:12.60					40.80	1:29.00	3:04.60				



**Watervrienden IJmuiden**  
**Overzicht tijden**

**zaterdag 11 juni 2022**  
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**Michel Mariska**

			50 vs	100 vs	200 vs	400 vs	800 vs	1500 vs	50 vl	100 vl	200 vl	50 ru	100 ru	200 ru	50 ss	100 ss	200 ss	100 ws	200 ws	400 ws	
Deurne (NED)	31-3-2007	25m	32.70									39.00	1:27.70								
Deurne (NED)	29-3-2008	25m											1:28.90			1:32.30		1:26.20			
Hoofddorp (NED)	22-4-2008	25m															3:19.50				
Rijswijk (NED)	4-10-2009	25m	32.70													1:31.40		1:21.80			
Merksem (BEL)	17-10-2009	25m		1:12.75											42.98			1:22.34			
Sittard (NED)	8-11-2009	25m		1:11.70												1:31.20			2:59.40		
IJmuiden (NED)	8-12-2009	25m	32.69						39.09			38.67			41.29						
IJmuiden (NED)	31-1-2010	25m			2:44.00											1:29.70					
Apeldoorn (NED)	25-4-2010	25m															3:18.80				
IJmuiden (NED)	18-5-2010	25m		1:13.70												1:32.17					
IJmuiden (NED)	3-10-2010	25m		1:12.90									1:24.30			1:29.60					
Sittard (NED)	14-11-2010	25m		1:12.50										3:01.70		1:31.80					
IJmuiden (NED)	7-12-2010	25m							39.91			38.75									
IJmuiden (NED)	30-1-2011	25m			2:43.60											1:30.20					
Amsterdam (NED)	13-2-2011	50m	32.52									40.08			43.01						
Eindhoven (NED)	2-10-2011	25m		1:14.27								39.89	1:24.19			1:29.50					
Almere (NED)	21-4-2013	25m														1:36.30	3:19.90				
Vaassen (NED)	6-10-2013	25m										41.20	1:28.10			1:31.60					
Sittard-Geleen (NED)	26-1-2014	25m														1:30.20					
IJmuiden (NED)	21-6-2014	25m													42.60				1:26.50		
Almere (NED)	5-10-2014	25m	33.70									42.30	1:26.40		43.50	1:31.30		1:24.60			
Almere (NED)	18-1-2015	25m	39.40	1:22.40	2:48.00								1:27.80		43.71	1:30.40		1:25.80			
IJmuiden (NED)	27-6-2015	25m	33.70		2:52.40										43.60			1:26.40			
Almere (NED)	14-2-2016	25m	32.30						41.00			39.40			42.30						
IJmuiden (NED)	25-6-2016	25m	35.20										1:29.80					1:28.40			
IJmuiden (NED)	22-6-2019	25m							41.00						46.50	1:37.30		1:27.60			
Nieuw-Vennep (NED)	17-11-2019	25m		1:15.60								45.60	1:34.40	3:14.90							

**Watervrienden IJmuiden**  
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Mol Johan			50 vs	100 vs	200 vs	400 vs	800 vs	1500 vs	50 vl	100 vl	200 vl	50 ru	100 ru	200 ru	50 ss	100 ss	200 ss	100 ws	200 ws	400 ws	
Almere (NED)	7-2-2010	25m	34.30												43.50						
IJmuiden (NED)	3-10-2010	25m	34.80									42.90			43.00						
IJmuiden (NED)	7-12-2010	25m	32.00						42.52			44.58			40.82						
Almere (NED)	6-2-2011	25m	33.80									44.30			41.60						
Deurne (NED)	26-3-2011	25m	34.50	1:25.10											42.30	1:35.90					
IJmuiden (NED)	25-6-2011	25m	32.80	1:20.70											43.00	1:33.00					
Eindhoven (NED)	2-10-2011	25m		1:22.39								43.75			41.62	1:33.08					
Almere (NED)	5-2-2012	25m	33.50						44.10			43.10			42.20						
Deurne (NED)	24-3-2012	25m	33.70	1:20.40											41.10	1:33.60					
Almere (NED)	8-4-2012	25m	33.30	1:18.90									1:35.40								
Almere (NED)	8-4-2012	25m														1:32.50		1:30.30			
IJmuiden (NED)	23-6-2012	25m	33.50	1:21.90											42.20	1:32.90					
Haarlem (NED)	7-10-2012	25m		1:20.80								43.20			43.70	1:33.10					
Almere (NED)	10-2-2013	25m	33.70						43.00			42.50			41.30						
IJmuiden (NED)	17-2-2013	25m	33.40	1:18.20											41.60	1:30.80					
Deurne (NED)	23-3-2013	25m	34.10	1:20.20											41.20	1:34.90					
Almere (NED)	31-3-2013	25m	33.60	1:19.10												1:33.80	3:21.70				
Den Haag (NED)	26-5-2013	25m							43.10	1:50.10					41.90	1:31.80	3:27.90				
IJmuiden (NED)	29-6-2013	25m	33.30	1:21.20					44.70			43.20			41.60	1:34.70					
Vaassen (NED)	6-10-2013	25m	33.90	1:22.10					44.90						42.40	1:34.50					
Eindhoven (NED)	8-12-2013	50m	35.09	1:21.89											45.50	1:40.58					
IJmuiden (NED)	19-1-2014	25m	33.30	1:19.10											41.10	1:30.60					
Almere (NED)	16-2-2014	25m	33.80						41.30			42.40			40.60						
Almere (NED)	2-3-2014	25m	37.50	1:20.20											42.10	1:34.10	3:31.70				
Almere (NED)	20-4-2014	25m	32.60	1:20.10											42.90	1:32.90	3:22.30				
Almere (NED)	20-4-2014	25m													42.70	1:32.30		1:31.00			
IJmuiden (NED)	21-6-2014	25m	32.80	1:20.80					44.60						41.90	1:34.90		1:31.10			
Almere (NED)	5-10-2014	25m	33.70	1:22.00	3:06.70										43.70	1:33.20					
Eindhoven (NED)	7-12-2014	50m							44.23			43.16			45.32	1:39.28					
Almere (NED)	8-2-2015	25m	35.90												42.00						
Almere (NED)	15-2-2015	25m	33.50						41.30			44.30			43.30						
Deurne (NED)	28-3-2015	25m		1:17.30												1:32.80					
IJmuiden (NED)	27-6-2015	25m	33.30	1:18.70											42.90	1:34.50					
Den Haag (NED)	4-10-2015	25m		1:19.70	3:05.80											1:31.20	3:18.50				
Eindhoven (NED)	13-12-2015	50m										43.11	1:38.16								
Almere (NED)	10-1-2016	25m	37.20	1:20.00	3:04.90										44.40	1:33.80	3:27.50				
Eindhoven (NED)	21-2-2016	50m	34.26	1:20.42											43.04						
Almere (NED)	27-3-2016	25m	32.40	1:18.03												1:36.10	3:24.70				
Deurne (NED)	2-4-2016	25m	36.70	1:21.10	3:08.50														1:27.50		
IJmuiden (NED)	25-6-2016	25m		1:17.60											42.40	1:35.60					
Haarlem (NED)	2-10-2016	25m		1:19.20	3:12.10											1:35.10					
Eindhoven (NED)	11-12-2016	50m							46.30			42.20	1:35.83		45.10	1:38.42					
Almere (NED)	15-1-2017	25m	33.30	1:17.70								42.50			43.90	1:32.60		1:29.10			
Eindhoven (NED)	12-2-2017	50m	34.42	1:20.58											44.13						
Almere (NED)	19-2-2017	25m	35.40						44.10			43.00			42.30						
Deurne (NED)	25-3-2017	25m	33.60	1:18.30	3:08.20				45.30			43.60							3:18.70		
Almere (NED)	16-4-2017	25m	32.90	1:19.10	3:06.40										43.70	1:33.00					

Mol Johan

			50 vs	100 vs	200 vs	400 vs	800 vs	1500 vs	50 vl	100 vl	200 vl	50 ru	100 ru	200 ru	50 ss	100 ss	200 ss	100 ws	200 ws	400 ws	
Deurne (NED)	1-10-2017	25m	34.60	1:24.00	3:16.10											1:35.50				3:24.60	
Almere (NED)	21-1-2018	25m	35.00	1:25.50	3:10.80										45.40	1:35.10		1:33.80			
Den Haag (NED)	4-2-2018	50m	36.33	1:27.18											44.02						
Deurne (NED)	24-3-2018	25m	37.80	1:20.90								47.60	1:37.40			45.80	1:36.40		1:32.40		
Deurne (NED)	2-4-2022	25m	36.00												44.60						

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Mol Mathijs			50 vs	100 vs	200 vs	400 vs	800 vs	1500 vs	50 vl	100 vl	200 vl	50 ru	100 ru	200 ru	50 ss	100 ss	200 ss	100 ws	200 ws	400 ws	
Almere (NED)	7-2-2010	25m	54.70									1:00.80			57.40						
IJmuiden (NED)	18-5-2010	25m	53.59									57.67			55.37			2:11.27			
IJmuiden (NED)	7-12-2010	25m	51.70																		
Almere (NED)	6-2-2011	25m	51.80						1:03.50			54.90			52.90						
IJmuiden (NED)	29-5-2011	25m	46.15									57.35			53.62						
Helmond (NED)	13-11-2011	25m													49.50						
IJmuiden (NED)	29-1-2012	25m	42.70									50.00									
Almere (NED)	5-2-2012	25m	41.40						54.40			48.90			50.00						
Almere (NED)	8-4-2012	25m	42.00	1:37.50																	
Almere (NED)	8-4-2012	25m																1:49.50			
IJmuiden (NED)	3-6-2012	25m	38.40									46.20			50.30						
IJmuiden (NED)	23-6-2012	25m	39.40	1:36.10											49.30	1:52.40					
Lisse (NED)	4-11-2012	25m	37.50									46.10			47.80						
Eindhoven (NED)	9-12-2012	50m							55.93	2:19.09			1:40.90		49.23	1:45.55					
Lisse (NED)	16-12-2012	25m		1:27.00												1:43.60		1:39.10			
Almere (NED)	20-1-2013	25m	37.60									43.70									
Sittard-Geleen (NED)	27-1-2013	25m	38.40									45.30									
Den Haag (NED)	3-2-2013	50m	38.10						52.33			45.50			49.12						
Almere (NED)	10-2-2013	25m	36.50						48.90			43.80			47.10						
Almere (NED)	31-3-2013	25m	37.40	1:25.80					47.70												
Almere (NED)	21-4-2013	25m	37.40																		
IJmuiden (NED)	2-6-2013	25m	38.90									44.60			50.50						
IJmuiden (NED)	29-6-2013	25m	35.60												48.80	1:51.40					
IJmuiden (NED)	10-11-2013	25m													47.30						
Eindhoven (NED)	8-12-2013	50m	37.87	1:21.60									1:33.41		49.40	1:43.38					
Almere (NED)	5-1-2014	25m	42.10	1:32.30								46.70	1:35.90						1:42.70		
IJmuiden (NED)	19-1-2014	25m																	1:37.30		
Sittard-Geleen (NED)	26-1-2014	25m		1:19.70								42.00			47.10			1:31.40			
Nieuw Vennep (NED)	13-4-2014	25m	38.60						48.80												
Almere (NED)	20-4-2014	25m	39.70	1:31.40								50.80	1:41.00								
Almere (NED)	20-4-2014	25m													51.20	1:48.50		1:48.50			
IJmuiden (NED)	21-6-2014	25m	34.50	1:29.00					45.90			43.00	1:41.10								
Eindhoven (NED)	9-11-2014	25m										44.10	1:28.80						1:32.30		
Eindhoven (NED)	7-12-2014	50m							49.49			41.36	1:31.77								
IJmuiden (NED)	25-1-2015	25m		1:20.00															1:29.40		
Tilburg (NED)	8-3-2015	25m											1:30.60						1:28.90		
Almere (NED)	12-4-2015	25m	33.80						42.30							1:39.50					
IJmuiden (NED)	27-6-2015	25m	32.90	1:21.30					44.60			41.90							1:30.60		
Sittard (NED)	8-11-2015	25m											1:25.30					1:25.10			
Eindhoven (NED)	13-12-2015	50m							39.52			37.75	1:25.85								
Almere (NED)	20-12-2015	25m	35.40	1:14.80								42.30	1:25.20		44.50	1:35.70		1:27.90			
Almere (NED)	31-1-2016	25m																	1:23.50		
Helmond (NED)	10-4-2016	25m							39.10	1:31.20									1:23.70		
IJmuiden (NED)	25-6-2016	25m		1:09.50									1:21.60						1:22.70		
IJmuiden (NED)	13-11-2016	25m	32.30	1:08.60								38.50	1:18.30								
Eindhoven (NED)	11-12-2016	50m	35.90	1:17.72	2:39.22				41.27			34.90	1:20.96							3:08.62	
Sittard (NED)	29-1-2017	25m														1:35.40		1:18.60			



**Watervrienden IJmuiden**  
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**Oortwijn Nick**

			50 vs	100 vs	200 vs	400 vs	800 vs	1500 vs	50 vl	100 vl	200 vl	50 ru	100 ru	200 ru	50 ss	100 ss	200 ss	100 ws	200 ws	400 ws
Hoofddorp (NED)	22-4-2008	25m											1:26.20				3:14.60			
Peize (NED)	31-5-2008	25m		1:07.20														1:18.50		
Peize (NED)	20-6-2009	25m		1:06.60												1:30.20		1:18.30		
Merksem (BEL)	17-10-2009	25m		1:06.76														1:16.23		
IJmuiden (NED)	8-12-2009	25m	28.36						34.36			36.98			39.31					
Apeldoorn (NED)	25-4-2010	25m															3:07.70			
Peize (NED)	12-6-2010	25m		1:06.10												1:29.20		1:16.00		
Sittard (NED)	14-11-2010	25m														1:27.70			2:49.50	
IJmuiden (NED)	7-12-2010	25m	28.25						32.35			37.45			39.05					
IJmuiden (NED)	30-1-2011	25m			2:28.80											1:28.30				
Hoofddorp (NED)	17-4-2011	25m											1:21.90				3:12.10			
Eindhoven (NED)	2-10-2011	25m	28.28	1:04.97														1:15.56		
IJmuiden (NED)	29-1-2012	25m														1:26.50				
IJmuiden (NED)	3-6-2012	25m		1:03.30						1:16.10			1:21.40			1:25.20				
IJmuiden (NED)	23-6-2012	25m	29.80	1:07.60														1:16.90		
IJmuiden (NED)	29-6-2013	25m	29.70	1:06.10												1:26.20				
IJmuiden (NED)	21-6-2014	25m	32.10	1:06.40											38.10			1:16.60		
Almere (NED)	18-1-2015	25m	28.40						31.90						37.90					
IJmuiden (NED)	27-6-2015	25m	29.20	1:07.50					34.70									1:16.60		
Almere (NED)	21-1-2018	25m	29.30	1:04.40											40.10	1:24.40		1:15.70		

**Watervrienden IJmuiden**  
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van Overmeeren Bodhie

			50 vs	100 vs	200 vs	400 vs	800 vs	1500 vs	50 vl	100 vl	200 vl	50 ru	100 ru	200 ru	50 ss	100 ss	200 ss	100 ws	200 ws	400 ws	
Almere (NED)	19-2-2017	25m	50.80									1:00.20			58.10						
Lisse (NED)	10-6-2017	25m	50.70												58.40						
IJmuiden (NED)	1-7-2017	25m	53.20												57.50	2:08.00					
Nieuw Vennep (NED)	17-12-2017	25m	46.60									54.70			55.80						
Den Haag (NED)	28-1-2018	25m	43.90									49.70									
Vaassen (NED)	8-4-2018	25m	46.00									52.20									
IJmuiden (NED)	23-6-2018	25m	46.10									57.00	1:59.50								
Den Haag (NED)	9-12-2018	25m	46.40												53.90						
Hoofddorp (NED)	13-1-2019	25m	47.90									50.10									
Hoofddorp (NED)	17-3-2019	25m	43.20									46.40									
Eindhoven (NED)	2-6-2019	50m	45.31	1:43.98											52.69						
IJmuiden (NED)	22-6-2019	25m	42.90									55.60	1:54.80		52.00	1:53.30					
Eindhoven (NED)	30-6-2019	25m	43.00									47.80									
Nieuw-Vennep (NED)	17-11-2019	25m										51.00	1:47.50						1:49.30		

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**van Overmeeren Leo**

			50 vs	100 vs	200 vs	400 vs	800 vs	1500 vs	50 vl	100 vl	200 vl	50 ru	100 ru	200 ru	50 ss	100 ss	200 ss	100 ws	200 ws	400 ws
Deurne (NED)	26-3-2011	25m	27.10												34.50	1:19.10				
IJmuiden (NED)	29-5-2011	25m		1:01.08					30.95				1:24.67			1:20.47				
Eindhoven (NED)	2-10-2011	25m	27.51						30.73						34.73	1:18.52				
Deurne (NED)	24-3-2012	25m	27.30												34.60	1:18.10				
IJmuiden (NED)	3-6-2012	25m		1:02.30						1:13.40			1:26.00			1:17.90				
IJmuiden (NED)	23-6-2012	25m	27.80		2:23.20										36.30					
Haarlem (NED)	7-10-2012	25m	27.20		2:23.60										35.60	1:19.80				
Eindhoven (NED)	9-12-2012	50m	30.33	1:04.03											38.72	1:23.72				
Den Haag (NED)	3-2-2013	50m	27.60						31.59						35.76					
IJmuiden (NED)	17-2-2013	25m	28.20						31.60									1:11.40		
Deurne (NED)	23-3-2013	25m	27.60	1:02.40					32.10						35.30					
IJmuiden (NED)	29-6-2013	25m	27.30	1:05.30					33.10						35.50					
Vaassen (NED)	6-10-2013	25m	27.60	1:03.60					31.50							1:18.80				
Eindhoven (NED)	8-12-2013	50m													38.00	1:22.06				
IJmuiden (NED)	19-1-2014	25m	27.10						33.30	1:14.10					36.60	1:19.80				
IJmuiden (NED)	21-6-2014	25m	27.90	1:05.30											35.80	1:19.90				
Almere (NED)	5-10-2014	25m	27.40	1:06.00					32.20									1:15.70		
Eindhoven (NED)	7-12-2014	50m	33.48	1:11.47	2:32.44				31.95						38.23	1:22.10				
Deurne (NED)	28-3-2015	25m	27.40	1:02.60														1:13.80		
Den Haag (NED)	4-10-2015	25m	27.20		2:22.90										36.00					
Almere (NED)	10-1-2016	25m	27.90						31.50						37.90	1:20.40		1:12.30		
Eindhoven (NED)	21-2-2016	50m	28.70	1:05.57					33.75	1:16.59										
Deurne (NED)	2-4-2016	25m	27.50	1:03.70					32.40						36.00					
IJmuiden (NED)	25-6-2016	25m	28.00	1:03.20											35.70	1:22.00				
Almere (NED)	15-1-2017	25m	28.10	1:04.30					33.60	1:16.10										
Sittard (NED)	29-1-2017	25m														1:21.80				
Eindhoven (NED)	12-2-2017	50m	28.71	1:05.63											36.99					
Almere (NED)	19-2-2017	25m	27.80						32.60						35.70					
Deurne (NED)	25-3-2017	25m	28.00	1:02.50					32.00						36.30					
Almere (NED)	9-4-2017	25m													39.20	1:25.10	3:00.00			
Lisse (NED)	10-6-2017	25m	28.00						33.00						36.20					
IJmuiden (NED)	1-7-2017	25m	28.00	1:02.30											36.90	1:22.30				
Deurne (NED)	1-10-2017	25m		1:04.50												1:23.40				
IJmuiden (NED)	23-6-2018	25m	28.70	1:04.00											36.80	1:24.00				
Almere (NED)	7-10-2018	25m	27.80	1:04.50											36.80					
Deurne (NED)	23-3-2019	25m	28.80	1:05.20											38.10			1:15.10		
IJmuiden (NED)	22-6-2019	25m	28.80	1:05.90											38.40	1:25.10				



**Watervrienden IJmuiden**  
**Overzicht tijden**

**zaterdag 11 juni 2022**  
**zaterdag 1 september 1900 - zaterdag 11 juni 2022**

van Overmeeren Thimo

		50 vs	100 vs	200 vs	400 vs	800 vs	1500 vs	50 vl	100 vl	200 vl	50 ru	100 ru	200 ru	50 ss	100 ss	200 ss	100 ws	200 ws	400 ws	
Almere (NED)	19-2-2017	25m	44.70								57.00									
Lisse (NED)	10-6-2017	25m	40.50					48.40			48.90									
IJmuiden (NED)	1-7-2017	25m	41.40					50.70												
Nieuw-Vennep (NED)	12-11-2017	25m	37.90	1:21.40							50.80	1:43.00								
Vaassen (NED)	8-4-2018	25m	34.90																	
IJmuiden (NED)	23-6-2018	25m	34.20	1:19.10																
Nieuw-Vennep (NED)	18-11-2018	25m	36.40	1:16.50							42.60	1:37.80								
Hoofddorp (NED)	13-1-2019	25m																	1:27.50	
Hoofddorp (NED)	17-3-2019	25m						38.00	1:25.40										1:27.80	
Eindhoven (NED)	2-6-2019	50m	30.20	1:10.62																
IJmuiden (NED)	22-6-2019	25m	31.40	1:11.70				38.10												
Nieuw-Vennep (NED)	17-11-2019	25m	31.70	1:06.90							45.50		3:21.90							





**Watervrienden IJmuiden**  
**Overzicht tijden**

**zaterdag 11 juni 2022**  
**zaterdag 1 september 1900 - zaterdag 11 juni 2022**

**Quaghebeur Delphine**

			50 vs	100 vs	200 vs	400 vs	800 vs	1500 vs	50 vl	100 vl	200 vl	50 ru	100 ru	200 ru	50 ss	100 ss	200 ss	100 ws	200 ws	400 ws	
Den Haag (NED)	28-1-2018	25m	46.70																		
IJmuiden (NED)	23-6-2018	25m	53.70									1:03.90			1:00.50						
Nieuw-Vennep (NED)	18-11-2018	25m													1:00.60						
Nieuw-Vennep (NED)	17-11-2019	25m													56.20						

**Watervrienden IJmuiden**  
**Overzicht tijden**

**zaterdag 11 juni 2022**  
**zaterdag 1 september 1900 - zaterdag 11 juni 2022**

**Quaghebeur Phaedra**

			50 vs	100 vs	200 vs	400 vs	800 vs	1500 vs	50 vl	100 vl	200 vl	50 ru	100 ru	200 ru	50 ss	100 ss	200 ss	100 ws	200 ws	400 ws	
IJmuiden (NED)	13-11-2016	25m													58.00						
Almere (NED)	9-4-2017	25m										52.90									
Lisse (NED)	10-6-2017	25m	51.30												55.10						
Nieuw-Vennep (NED)	12-11-2017	25m													55.60						
Nieuw Vennep (NED)	17-12-2017	25m	48.20									55.20			53.60						
Vaassen (NED)	8-4-2018	25m	44.60													1:50.80					
IJmuiden (NED)	23-6-2018	25m	45.30									50.90			51.40						
Den Haag (NED)	9-12-2018	25m	43.30	1:31.90								46.60				1:45.60					
Hoofddorp (NED)	13-1-2019	25m																	1:38.40		
Hoofddorp (NED)	17-3-2019	25m							48.50						49.00	1:43.80					
Nieuw-Vennep (NED)	17-11-2019	25m										43.70	1:32.00						1:33.70		

**Watervrienden IJmuiden**  
**Overzicht tijden**

**zaterdag 11 juni 2022**  
**zaterdag 1 september 1900 - zaterdag 11 juni 2022**

**Quist Lynn**

			50 vs	100 vs	200 vs	400 vs	800 vs	1500 vs	50 vl	100 vl	200 vl	50 ru	100 ru	200 ru	50 ss	100 ss	200 ss	100 ws	200 ws	400 ws	
Almere (NED)	14-2-2016	25m	42.50									53.50			56.00						
IJmuiden (NED)	25-6-2016	25m	42.00	1:33.10								53.80									
IJmuiden (NED)	13-11-2016	25m	40.90	1:29.20								48.60	1:44.60								
Eindhoven (NED)	11-12-2016	50m	38.67	1:27.52											53.23						
Almere (NED)	19-2-2017	25m	38.40						46.00			47.90			54.00						
Lisse (NED)	10-6-2017	25m	39.80						44.50			49.30			51.70						
IJmuiden (NED)	1-7-2017	25m	38.30						45.70			48.90			53.20						
Nieuw-Vennep (NED)	12-11-2017	25m	39.30	1:25.20								49.40	1:44.50		48.10						
Den Haag (NED)	4-2-2018	50m							44.73						51.90	1:49.08					
Vaassen (NED)	8-4-2018	25m																	1:34.00		
Lisse (NED)	12-5-2018	25m	36.10						40.50			46.20			49.90						
IJmuiden (NED)	23-6-2018	25m	38.00						41.80			46.60			50.00						
Hoofddorp (NED)	13-1-2019	25m	37.70	1:22.80	2:58.70				45.20	1:40.30						1:41.30					
IJmuiden (NED)	22-6-2019	25m	36.60	1:22.60					41.50						47.20						
Nieuw-Vennep (NED)	17-11-2019	25m							45.60			51.20		3:42.20						3:24.90	

**Watervrienden IJmuiden**  
**Overzicht tijden**

**zaterdag 11 juni 2022**  
**zaterdag 1 september 1900 - zaterdag 11 juni 2022**

**Regensburg Indy**

			50 vs	100 vs	200 vs	400 vs	800 vs	1500 vs	50 vl	100 vl	200 vl	50 ru	100 ru	200 ru	50 ss	100 ss	200 ss	100 ws	200 ws	400 ws
Eindhoven (NED)	27-3-2022	50m	36.47												46.54					
Tilburg (NED)	22-5-2022	25m	35.30	1:18.50											46.00					

**Watervrienden IJmuiden**  
**Overzicht tijden**

**zaterdag 11 juni 2022**  
**zaterdag 1 september 1900 - zaterdag 11 juni 2022**

**Regensburg Lois**

			50 vs	100 vs	200 vs	400 vs	800 vs	1500 vs	50 vl	100 vl	200 vl	50 ru	100 ru	200 ru	50 ss	100 ss	200 ss	100 ws	200 ws	400 ws
Eindhoven (NED)	27-3-2022	50m	51.38												56.45					
Almere (NED)	17-4-2022	25m	45.40												55.10					



**Watervrienden IJmuiden**  
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**Rijnbeek Lynn**

			50 vs	100 vs	200 vs	400 vs	800 vs	1500 vs	50 vl	100 vl	200 vl	50 ru	100 ru	200 ru	50 ss	100 ss	200 ss	100 ws	200 ws	400 ws
Almere (NED)	17-4-2022	25m	51.00	1:53.20								1:08.90	2:19.50		55.90	1:57.60				





**Watervrienden IJmuiden**  
**Overzicht tijden**

**zaterdag 11 juni 2022**  
**zaterdag 1 september 1900 - zaterdag 11 juni 2022**

**Sigsgaard Grith**

			50 vs	100 vs	200 vs	400 vs	800 vs	1500 vs	50 vl	100 vl	200 vl	50 ru	100 ru	200 ru	50 ss	100 ss	200 ss	100 ws	200 ws	400 ws	
Almere (NED)	19-2-2017	25m	30.70						36.20			37.50			40.40						
Den Haag (NED)	12-3-2017	25m	31.90	1:07.00	2:17.40							37.90	1:19.60	2:44.30	39.80	1:23.60	2:54.20	1:16.20			
Tilburg (NED)	19-3-2017	25m													39.10	1:23.10					
Almere (NED)	9-4-2017	25m										37.50	1:17.70		40.50	1:25.70	2:57.00	1:18.10			
Almere (NED)	16-4-2017	25m	32.00	1:07.90	2:20.60	4:57.70	9:58.70								40.50	1:26.70	3:01.40				
Almere (NED)	11-6-2017	25m	33.50	1:10.80	2:25.70	4:53.90															
Nieuw-Vennep (NED)	12-11-2017	25m	32.20	1:06.90					36.30			39.80	1:22.90	2:49.90						2:42.40	
Almere (NED)	21-1-2018	25m	30.60	1:08.40	2:21.00	4:53.50									40.50	1:25.70					
Den Haag (NED)	28-1-2018	25m	31.60	1:07.60	2:20.00										39.30	1:24.60					
Den Haag (NED)	4-2-2018	50m	33.64	1:10.66	2:24.26				40.12			41.28	1:24.85		41.09	1:27.05				2:52.77	
Almere (NED)	11-3-2018	25m	32.70	1:08.80	2:27.40										39.80	1:25.50					
Tilburg (NED)	18-3-2018	25m	32.40	1:07.00											40.50	1:27.00	2:59.10				
Almere (NED)	1-4-2018	25m	32.60	1:08.50	2:21.30		10:03.10								39.90	1:25.50	2:58.50				
Almere (NED)	7-10-2018	25m	33.70	1:11.80	2:26.60										43.10	1:30.90	3:04.80				
Helmond (NED)	4-11-2018	25m	35.30	1:13.60	2:30.90			19:22.70													
Nieuw-Vennep (NED)	18-11-2018	25m		1:06.50					37.50				1:22.20	2:47.60						2:46.30	
Hoofddorp (NED)	13-1-2019	25m	33.20	1:08.60	2:20.20				38.80	1:27.30					40.30	1:24.80					
Almere (NED)	27-1-2019	25m	33.70	1:12.30	2:34.20				40.50						42.70	1:32.50	3:12.80			2:57.20	
Almere (NED)	10-2-2019	25m														1:26.40	3:01.20				
Almere (NED)	21-4-2019	25m	32.90	1:11.00	2:27.90	4:59.40	10:01.70								42.00	1:29.20	3:03.40				
Almere (NED)	13-10-2019	25m	31.90	1:07.40	2:19.10										39.80	1:25.40	2:59.80				
Nieuw-Vennep (NED)	17-11-2019	25m	32.20	1:06.40					38.40											2:45.60	
Den Haag (NED)	26-1-2020	25m	30.30		2:18.30										39.20	1:24.24	3:00.30				
Almere (NED)	9-2-2020	25m	31.70	1:06.40	2:17.70										39.80	1:24.20					
Helmond (NED)	7-11-2021	25m	34.50	1:12.10	2:27.30	4:57.90	10:02.00	18:54.20													
Almere (NED)	13-2-2022	25m	32.60	1:08.60	2:20.80										40.40	1:25.70					
Eindhoven (NED)	27-3-2022	50m	32.60	1:10.60											41.16	1:32.39	3:13.50				
Almere (NED)	17-4-2022	25m	32.60	1:08.50	2:24.60	4:59.20	10:16.60	19:20.30							41.70	1:28.80	3:04.40				
Helmond (NED)	15-5-2022	25m	31.10	1:10.40	2:24.70				37.60						41.30	1:27.90	3:05.80			2:47.70	

**Watervrienden IJmuiden**  
**Overzicht tijden**

**zaterdag 11 juni 2022**  
**zaterdag 1 september 1900 - zaterdag 11 juni 2022**

**Souza Kiki**

			50 vs	100 vs	200 vs	400 vs	800 vs	1500 vs	50 vl	100 vl	200 vl	50 ru	100 ru	200 ru	50 ss	100 ss	200 ss	100 ws	200 ws	400 ws
Hoofddorp (NED)	17-3-2019	25m													51.60	1:45.60				
Eindhoven (NED)	30-6-2019	25m	37.89	1:22.01											49.73	1:45.95				
Nieuw-Vennep (NED)	17-11-2019	25m										49.40	1:41.50					1:36.00		
Almere (NED)	13-3-2022	25m	33.60									39.70			44.70					



**Watervrienden IJmuiden**  
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**zaterdag 11 juni 2022**  
**zaterdag 1 september 1900 - zaterdag 11 juni 2022**

**Sweijen Pim**

			50 vs	100 vs	200 vs	400 vs	800 vs	1500 vs	50 vl	100 vl	200 vl	50 ru	100 ru	200 ru	50 ss	100 ss	200 ss	100 ws	200 ws	400 ws
Eindhoven (NED)	27-3-2022	50m							1:05.51			49.87								
Almere (NED)	17-4-2022	25m	39.60									45.70			52.70					
Den Haag (NED)	29-5-2022	50m	39.51												55.64					

**Watervrienden IJmuiden**  
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**zaterdag 11 juni 2022**  
**zaterdag 1 september 1900 - zaterdag 11 juni 2022**

**Tjepkema Mike**

			50 vs	100 vs	200 vs	400 vs	800 vs	1500 vs	50 vl	100 vl	200 vl	50 ru	100 ru	200 ru	50 ss	100 ss	200 ss	100 ws	200 ws	400 ws	
Almere (NED)	31-1-2016	25m										49.50									
Almere (NED)	14-2-2016	25m	49.30																		
Helmond (NED)	10-4-2016	25m										49.20									
IJmuiden (NED)	25-6-2016	25m	43.90						58.10			58.40			58.90						
IJmuiden (NED)	13-11-2016	25m													54.00						
Eindhoven (NED)	11-12-2016	50m		1:31.35					51.57			47.35			55.89	1:57.94					
Nieuw Vennep (NED)	17-12-2016	25m	39.50									49.50			51.80						
Almere (NED)	22-1-2017	25m	37.90						46.00			46.40			52.10						
Sittard (NED)	29-1-2017	25m	38.50									47.30									
Eindhoven (NED)	12-2-2017	50m	37.13						55.86	1:59.63					54.08						
Almere (NED)	9-4-2017	25m	36.30									45.70									
Almere (NED)	16-4-2017	25m	35.70						43.90			48.70			56.10						
Lisse (NED)	10-6-2017	25m	36.70						45.10			43.90									
IJmuiden (NED)	1-7-2017	25m	36.80						45.50			46.80			53.70						
Nieuw-Vennep (NED)	12-11-2017	25m													49.00						
Almere (NED)	3-12-2017	25m	35.40	1:15.60						1:38.90		45.60	1:32.60					1:32.80			
Eindhoven (NED)	10-12-2017	50m	36.37	1:17.27					41.04			41.55			54.42	1:53.93					
Den Haag (NED)	28-1-2018	25m	36.20	1:15.50														1:27.90			
Den Haag (NED)	4-2-2018	50m	34.34	1:15.68																	
Almere (NED)	11-3-2018	25m							41.10	1:30.90		41.50	1:24.80								
Tilburg (NED)	18-3-2018	25m	33.50	1:11.70														1:27.70			
Almere (NED)	1-4-2018	25m	33.00	1:16.60	2:44.40				46.60	1:44.70											
Vaassen (NED)	8-4-2018	25m							36.90						1:52.00						
Lisse (NED)	12-5-2018	25m	31.90						38.40			39.60			50.20						
IJmuiden (NED)	23-6-2018	25m	33.90						38.60			41.10						1:29.90			
Helmond (NED)	4-11-2018	25m								1:40.70											6:47.60
Nieuw-Vennep (NED)	18-11-2018	25m										39.50	1:23.80		48.00			1:30.90			
Den Haag (NED)	9-12-2018	25m	34.10	1:12.80					42.60	1:37.30								1:27.50			
Hoofddorp (NED)	13-1-2019	25m	33.10	1:11.10											48.70			1:24.40			
Hoofddorp (NED)	17-3-2019	25m							35.30						49.80	1:47.30					
Den Haag (NED)	31-3-2019	50m	32.99	1:13.56	2:37.62																
Almere (NED)	21-4-2019	25m	31.10	1:07.94	2:35.10																
Eindhoven (NED)	2-6-2019	50m	31.10	1:08.86																	
IJmuiden (NED)	22-6-2019	25m	31.40	1:15.70	2:33.90				34.80						44.50						
Eindhoven (NED)	30-6-2019	25m	31.79	1:06.53								38.99	1:21.67		45.32	1:37.91					
Almere (NED)	13-10-2019	25m	30.70	1:05.80					36.50	1:23.90		39.00						1:21.30			
Helmond (NED)	3-11-2019	25m				5:19.00				1:30.20											6:23.00
Nieuw-Vennep (NED)	17-11-2019	25m										38.00	1:18.40					1:18.20			
Den Haag (NED)	8-12-2019	25m	31.10	1:05.90					35.00	1:19.90								1:17.60			
Almere (NED)	13-2-2022	25m	28.20	59.80	2:04.80				27.70	1:00.50								1:06.40			
Eindhoven (NED)	27-3-2022	50m	29.06	1:02.70	2:11.03							31.85	1:10.60								
Den Haag (NED)	29-5-2022	50m	26.19	58.69					28.39	1:02.17					37.64						



**Watervrienden IJmuiden**  
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**zaterdag 1 september 1900 - zaterdag 11 juni 2022**

van Toombergen Marèse

			50 vs	100 vs	200 vs	400 vs	800 vs	1500 vs	50 vl	100 vl	200 vl	50 ru	100 ru	200 ru	50 ss	100 ss	200 ss	100 ws	200 ws	400 ws	
IJmuiden (NED)	27-6-2015	25m	50.60												1:09.40						
Almere (NED)	10-1-2016	25m	53.00									1:00.90			1:12.40						
Eindhoven (NED)	21-2-2016	50m							1:11.99			1:04.30									
Deurne (NED)	2-4-2016	25m	50.20						1:11.80						1:08.80						
IJmuiden (NED)	25-6-2016	25m	50.40						1:03.40			1:00.80			1:07.30						
Haarlem (NED)	2-10-2016	25m	50.10												1:10.60						
Almere (NED)	15-1-2017	25m	49.10	1:51.30					1:00.80			59.50									
Eindhoven (NED)	12-2-2017	50m										1:01.60	2:14.77								
Deurne (NED)	25-3-2017	25m	49.50	1:59.90					1:04.10			1:00.10									
IJmuiden (NED)	1-7-2017	25m	50.10	1:50.90								57.30							2:09.60		
Deurne (NED)	1-10-2017	25m		2:01.10					1:04.50			59.30				2:30.40					
IJmuiden (NED)	23-6-2018	25m		1:56.00																2:16.60	
Almere (NED)	7-10-2018	25m	51.70																	2:15.70	
Deurne (NED)	23-3-2019	25m	49.10									1:00.80								2:09.00	

**Watervrienden IJmuiden**  
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**zaterdag 11 juni 2022**  
**zaterdag 1 september 1900 - zaterdag 11 juni 2022**

**Vermeulen Jan**

			50 vs	100 vs	200 vs	400 vs	800 vs	1500 vs	50 vl	100 vl	200 vl	50 ru	100 ru	200 ru	50 ss	100 ss	200 ss	100 ws	200 ws	400 ws
Almere (NED)	5-10-2008	25m	29.40									40.70						1:20.10		
IJmuiden (NED)	3-10-2010	25m	29.90												38.80	1:27.50				
Almere (NED)	18-1-2015	25m	29.60												39.30	1:28.70				
Deurne (NED)	28-3-2015	25m	29.70												38.80					
Haarlem (NED)	2-10-2016	25m	30.50													1:29.90				
Almere (NED)	15-1-2017	25m													41.30					
Deurne (NED)	25-3-2017	25m	29.50													1:30.10				
Deurne (NED)	24-3-2018	25m	30.50												39.70			1:23.30		
Almere (NED)	7-10-2018	25m	30.00												39.90					
Almere (NED)	27-1-2019	25m	32.70												41.20					



**Watervrienden IJmuiden**  
**Overzicht tijden**

**zaterdag 11 juni 2022**  
**zaterdag 1 september 1900 - zaterdag 11 juni 2022**

**de Vries Sil**

			50 vs	100 vs	200 vs	400 vs	800 vs	1500 vs	50 vl	100 vl	200 vl	50 ru	100 ru	200 ru	50 ss	100 ss	200 ss	100 ws	200 ws	400 ws
Eindhoven (NED)	27-3-2022	50m										52.41			57.82					
Almere (NED)	17-4-2022	25m	42.40									48.00			54.60					
Tilburg (NED)	22-5-2022	25m	41.10									49.40			55.50					





de Waard Bart

			50 vs	100 vs	200 vs	400 vs	800 vs	1500 vs	50 vl	100 vl	200 vl	50 ru	100 ru	200 ru	50 ss	100 ss	200 ss	100 ws	200 ws	400 ws	
Den Haag (NED)	14-4-2019	25m	29.60	1:02.70	2:12.40				33.10	1:16.00		35.40	1:12.20							2:36.60	
Almere (NED)	21-4-2019	25m	28.00	58.70	2:13.40	4:37.30						36.30	1:16.30	2:35.80							
Eindhoven (NED)	2-6-2019	50m	28.57	1:01.21											39.57						
IJmuiden (NED)	22-6-2019	25m	27.80	1:00.40	2:13.10																
Eindhoven (NED)	30-6-2019	25m	28.29	58.89								32.37	1:07.53								
TORTOSA (ESP)	3-7-2019	25m	27.46	58.53	2:07.31	4:33.37			33.21			31.70	1:07.15	2:24.82						2:32.03	
Almere (NED)	13-10-2019	25m	27.80	58.30	2:10.60							33.70	1:10.40	2:26.20							
Helmond (NED)	3-11-2019	25m	29.70	1:03.60	2:13.40	4:32.80				1:16.80											
Nieuw-Vennep (NED)	17-11-2019	25m	28.30	58.70									1:08.00								
Almere (NED)	9-2-2020	25m	28.20	1:00.70	2:08.10				33.40	1:12.30		32.20	1:07.00	2:19.80					1:08.20		
Almere (NED)	13-2-2022	25m	26.00	54.20					28.30			31.20	1:05.30	2:17.20							2:17.70
Eindhoven (NED)	27-3-2022	50m	27.82	59.20	2:04.64							30.27	1:06.52								
Den Haag (NED)	29-5-2022	50m	25.36	55.04								31.89	1:06.65	2:18.51							







**Watervrienden IJmuiden**  
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**de Waard Julia**

			50 vs	100 vs	200 vs	400 vs	800 vs	1500 vs	50 vl	100 vl	200 vl	50 ru	100 ru	200 ru	50 ss	100 ss	200 ss	100 ws	200 ws	400 ws
Deurne (NED)	25-3-2017	25m	38.40	1:26.40	3:06.80										47.30	1:42.50				



**Watervrienden IJmuiden**  
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**Wiedijk Ries**

			50 vs	100 vs	200 vs	400 vs	800 vs	1500 vs	50 vl	100 vl	200 vl	50 ru	100 ru	200 ru	50 ss	100 ss	200 ss	100 ws	200 ws	400 ws
Hoofddorp (NED)	17-3-2019	25m	40.20												57.70	2:04.30				

**Watervrienden IJmuiden**  
**Overzicht tijden**

**zaterdag 11 juni 2022**  
**zaterdag 1 september 1900 - zaterdag 11 juni 2022**

**Zaagstra Mink**

			50 vs	100 vs	200 vs	400 vs	800 vs	1500 vs	50 vl	100 vl	200 vl	50 ru	100 ru	200 ru	50 ss	100 ss	200 ss	100 ws	200 ws	400 ws
Nieuw-Vennep (NED)	17-11-2019	25m													57.90					



**Watervrienden IJmuiden**  
**Overzicht tijden**

**zaterdag 11 juni 2022**  
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**Zuiddervelt Erwin**

			50 vs	100 vs	200 vs	400 vs	800 vs	1500 vs	50 vl	100 vl	200 vl	50 ru	100 ru	200 ru	50 ss	100 ss	200 ss	100 ws	200 ws	400 ws
Almere (NED)	15-1-2012	25m	30.00	1:02.60					33.50			38.00	1:18.00	2:39.70					2:38.20	
Deurne (NED)	24-3-2012	25m	27.90									34.50	1:12.80							
IJmuiden (NED)	3-6-2012	25m		1:01.20						1:17.30			1:12.70			1:23.90				
Berchem (BEL)	30-9-2012	25m							32.52					2:45.10				1:11.84		
Almere (NED)	14-10-2012	25m							33.80	1:15.90			1:15.20		38.20	1:24.00				
IJmuiden (NED)	17-2-2013	25m							32.60			34.10								
IJmuiden (NED)	2-6-2013	25m		1:02.10					32.40				1:14.90			1:24.10				
Eindhoven (NED)	8-12-2013	50m	30.49	1:03.42								36.83	1:16.22							
Almere (NED)	5-1-2014	25m													38.80	1:23.50		1:12.00		
Almere (NED)	5-10-2014	25m	28.10	1:04.10	2:20.90				33.60			35.10	1:15.70	2:38.80						
Lignano Sabbiadoro (ITA)	9-6-2015	50m	28.19	1:02.30	2:24.10	5:18.72			34.54				1:17.00	2:48.21					2:45.29	
Den Haag (NED)	4-10-2015	25m	27.20	1:01.70	2:18.20							35.50		2:45.50						
Almere (NED)	10-1-2016	25m										34.10	1:17.20	2:39.70	41.00	1:27.80	3:04.80			
Haarlem (NED)	2-10-2016	25m	28.00	1:02.90	2:22.90															2:42.40
Almere (NED)	15-1-2017	25m	33.20	1:09.90	2:27.60	5:01.90						33.90	1:16.80	2:41.50						
Almere (NED)	16-4-2017	25m	29.00	1:00.80	2:39.90			21:08.80												
Riga (LAT)	14-6-2017	50m	28.06	1:02.91	2:25.07	5:18.99						36.63	1:16.85	2:50.08	43.70	1:32.61	3:11.95			
Deurne (NED)	1-10-2017	25m	27.80	1:05.20	2:18.80															2:41.90
Almere (NED)	7-10-2018	25m							33.70	1:23.20	3:07.80	33.90								
Almere (NED)	27-1-2019	25m	28.10									36.90	1:15.80	2:44.60						
Den Haag (NED)	26-1-2020	25m	26.70		2:19.80				34.20											2:39.80
Eindhoven (NED)	27-3-2022	50m	32.84	1:10.15	2:27.75							36.37	1:19.80							
Deurne (NED)	2-4-2022	25m	28.20	1:08.40	2:19.60								1:19.90	2:46.30						
Helmond (NED)	15-5-2022	25m	32.30	1:08.00	2:19.60							38.10	1:18.30	2:42.70				1:14.90		
Den Haag (NED)	29-5-2022	50m	29.51									40.23	1:22.71	2:53.10						

**Watervrienden IJmuiden**  
**Overzicht tijden**

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van der Zwet Andrea

			50 vs	100 vs	200 vs	400 vs	800 vs	1500 vs	50 vl	100 vl	200 vl	50 ru	100 ru	200 ru	50 ss	100 ss	200 ss	100 ws	200 ws	400 ws	
Peize (NED)	31-5-2008	25m	42.50						51.80						50.70						
Lisse (NED)	27-9-2008	25m													48.70						
Helmond (NED)	9-11-2008	25m											1:45.90								
IJmuiden (NED)	25-1-2009	25m	38.60												50.50	1:44.10					
Almere (NED)	1-2-2009	25m							48.30						47.10						
Hoofddorp (NED)	14-2-2009	25m		1:25.30												1:43.40					
Eindhoven (NED)	19-4-2009	25m	38.00							1:57.84											
IJmuiden (NED)	12-5-2009	25m		1:26.42						1:55.98			1:41.55			1:43.50		1:35.88			
Almere (NED)	21-5-2009	25m		1:24.90												1:48.30					
Peize (NED)	20-6-2009	25m		1:27.70												1:46.10					
Merksem (BEL)	17-10-2009	25m		1:24.89																	
Sittard (NED)	8-11-2009	25m		1:21.70																	
IJmuiden (NED)	8-12-2009	25m	38.30						47.20			45.59			47.29						
IJmuiden (NED)	31-1-2010	25m														1:47.60		1:36.30			
Almere (NED)	7-2-2010	25m	38.50						48.10												
Apeldoorn (NED)	25-4-2010	25m								1:45.80								1:38.40			
IJmuiden (NED)	18-5-2010	25m		1:27.38						1:48.38			1:41.05			1:46.29		1:37.59			
Peize (NED)	12-6-2010	25m		1:26.80																	
Sittard (NED)	14-11-2010	25m		1:20.30									1:35.70								
IJmuiden (NED)	7-12-2010	25m	37.23						42.77			43.48			47.17						
Eindhoven (NED)	12-12-2010	50m		1:23.28									1:40.45		1:43.30						
IJmuiden (NED)	30-1-2011	25m														1:41.20					
Amsterdam (NED)	13-2-2011	50m	37.53						41.75						48.18						
IJmuiden (NED)	29-5-2011	25m		1:18.20						1:41.91			1:33.98			1:39.76					
Helmond (NED)	13-11-2011	25m												3:32.00					3:20.10		
IJmuiden (NED)	29-1-2012	25m														1:38.00					
Apeldoorn (NED)	21-4-2012	25m											1:32.30				3:30.50	1:27.20			
IJmuiden (NED)	3-6-2012	25m		1:19.10						1:35.50			1:29.30			1:37.60					
Haarlem (NED)	23-9-2012	25m		1:20.80																	
Almere (NED)	14-10-2012	25m	37.20	1:18.50											45.90	1:37.80		1:27.60			
Vaassen (NED)	11-11-2012	25m																		3:14.40	
Eindhoven (NED)	9-12-2012	50m	38.86	1:23.02											46.56	1:38.52					
Lisse (NED)	16-12-2012	25m		1:17.50	2:54.30											1:38.70	3:29.60				
Almere (NED)	20-1-2013	25m	37.40	1:20.20											46.30	1:37.40		1:26.10			
Sittard-Geleen (NED)	27-1-2013	25m								1:36.10						1:34.80					
Almere (NED)	10-2-2013	25m	36.30						39.10			41.40			44.40						
Almere (NED)	31-3-2013	25m	39.10	1:23.60	2:58.50	6:19.10	13:01.60									1:37.80	3:31.60				
Almere (NED)	31-3-2013	25m							39.40									1:28.40	3:10.40		
Almere (NED)	21-4-2013	25m											1:23.10			1:36.40	3:26.00	1:27.50			
IJmuiden (NED)	2-6-2013	25m		1:20.70									1:32.00			1:36.70					
IJmuiden (NED)	10-11-2013	25m							38.00				1:33.10	3:11.30						3:09.60	
Almere (NED)	5-1-2014	25m	36.10	1:17.70											45.20	1:37.40	3:32.40	1:22.40			
Sittard-Geleen (NED)	26-1-2014	25m								1:29.00						1:34.90					
Almere (NED)	16-2-2014	25m	34.20						36.70			40.80			44.10						
Nieuw Vennep (NED)	13-4-2014	25m													42.40	1:35.50	3:21.90	1:21.70			
Almere (NED)	20-4-2014	25m	34.80	1:15.90																	
Almere (NED)	20-4-2014	25m							37.20									1:20.90	3:00.10		





van der Zwet Andrea

			50 vs	100 vs	200 vs	400 vs	800 vs	1500 vs	50 vl	100 vl	200 vl	50 ru	100 ru	200 ru	50 ss	100 ss	200 ss	100 ws	200 ws	400 ws	
Nieuw-Vennep (NED)	18-11-2018	25m		1:08.40								41.40	1:26.70	3:00.40						2:52.70	
Almere (NED)	2-12-2018	25m													40.00	1:25.90	3:09.10				
Hoofddorp (NED)	13-1-2019	25m	32.10	1:07.30	2:27.40				38.30	1:27.40					39.00	1:24.60					
Almere (NED)	27-1-2019	25m	33.80	1:12.00	2:29.80										39.00	1:24.50			1:17.90		
Almere (NED)	10-2-2019	25m		1:10.50	2:28.80											1:24.50	3:00.70		1:16.80		
Hoofddorp (NED)	17-3-2019	25m										41.20	1:22.80		40.70	1:26.70	3:02.50		1:16.60		
Deurne (NED)	23-3-2019	25m		1:09.10											38.70	1:24.50					
Den Haag (NED)	31-3-2019	50m	32.16	1:10.07											38.88						
Den Haag (NED)	14-4-2019	25m	31.70	1:06.90					35.60						38.70	1:23.30				2:48.30	
Almere (NED)	21-4-2019	25m	31.60	1:08.40	2:39.70	5:23.00									41.00	1:27.40	3:04.70				
Eindhoven (NED)	2-6-2019	50m							35.92						40.50	1:25.95				2:51.86	
IJmuiden (NED)	22-6-2019	25m													39.20	1:26.30					
Eindhoven (NED)	30-6-2019	25m	32.93	1:08.33								38.70	1:19.90						1:16.75		
Helmond (NED)	3-11-2019	25m	37.30	1:18.40	2:41.30	5:25.60				1:24.80											6:07.00
Helmond (NED)	7-11-2021	25m	37.00	1:16.70	2:37.50	5:16.40				1:23.40											6:07.10
Almere (NED)	13-2-2022	25m	33.50	1:11.10	2:29.40				37.60						40.20	1:26.50				2:52.40	